

## **UNDERSTANDING SPIRITUAL DISCIPLINES**

### **Part Four: Celebration & Worship**

I Timothy 4:1-8

#### **Celebration**

*Philippians 4:4*

1. \_\_\_\_\_

- “rejoice” – be glad; to delight in God’s grace

2. Rejoice in the \_\_\_\_\_

3. Rejoice in the Lord \_\_\_\_\_

*I Thessalonians 5:16-18*

- Praise is Celebration!

*Psalm 150*

#### HOW TO PUT CELEBRATION INTO PRACTICE IN YOUR LIFE:

- a.) Always begin your times of prayer with thanksgiving and praise (Psalm 100).
- b.) Ask the Holy Spirit to help hold you accountable by making you aware of the times when you slip into an attitude of murmuring and complaining.
- c.) Each morning write down a few things that you are thankful for and then celebrate God’s goodness.
- d.) Set a reminder to help you remember to pause and celebrate God throughout your day.
- e.) Be faithful to the house of God where you can celebrate with other believers.

#### **Worship**

*John 4:24*

1. Worship is \_\_\_\_\_

2. Worship comes from the \_\_\_\_\_ (*Psalm 86:12*)

3. Worship is a \_\_\_\_\_ (*Romans 12:1*)

HOW TO PUT WORSHIP INTO PRACTICE IN YOUR LIFE:

- a.) Each day, ask yourself, is my life honoring God.
- b.) As you read your Bible and God reveals Himself to you, take a few minutes to worship God.
- c.) Faithfully join with other believers and worship the Lord together.